**Increased Energy Improved Brain Health Metabolism**

**Improved Mood Weight Loss Fatigue**

**Immune Support Skin Health**

Lipo Mino Mix starts with a special lipotropic fat burning combination of ***Methionine***, ***Inositol***, ***Choline, Carnitine*** and ***B12***. Each of these ingredients helps the body turn fat into energy and are also powerful antioxidants.

In addition to the Lipotropics blend, Lipo Mino also contains a mixture of ***B vitamins*** which further help to facilitate fat loss and increase energy. The formula is then completed by adding ingredients to reduce appetite, build muscle and promote a healthy immune system.